



**HEALTHY GINGER SHOT**

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**"PACKED WITH ANTI-INFLAMMATORY, ANTIOXIDANT,  
AND IMMUNE-BOOSTING PROPERTIES TO KICKSTART  
YOUR DAY WITH ENERGY AND FOCUS."**

**DIALED IN ABHI**



# INGREDIENTS

## QUICK AND EASY



100G TURMERIC  
ROOT



2 X ORANGE



150G GINGER



BLACK PEPPER



1 X LEMON



1 X BEETROOT



RED CAYENNE  
PEPPER

# INSTRUCTIONS

- Peel oranges and lemon.
- Chop ginger, turmeric, and beetroot into small pieces.
- Run all ingredients (except lemon juice & spices) through your juicer.
- Stir in lemon juice, cayenne pepper, and black pepper.
- Pour into 2oz shot bottles and refrigerate.



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